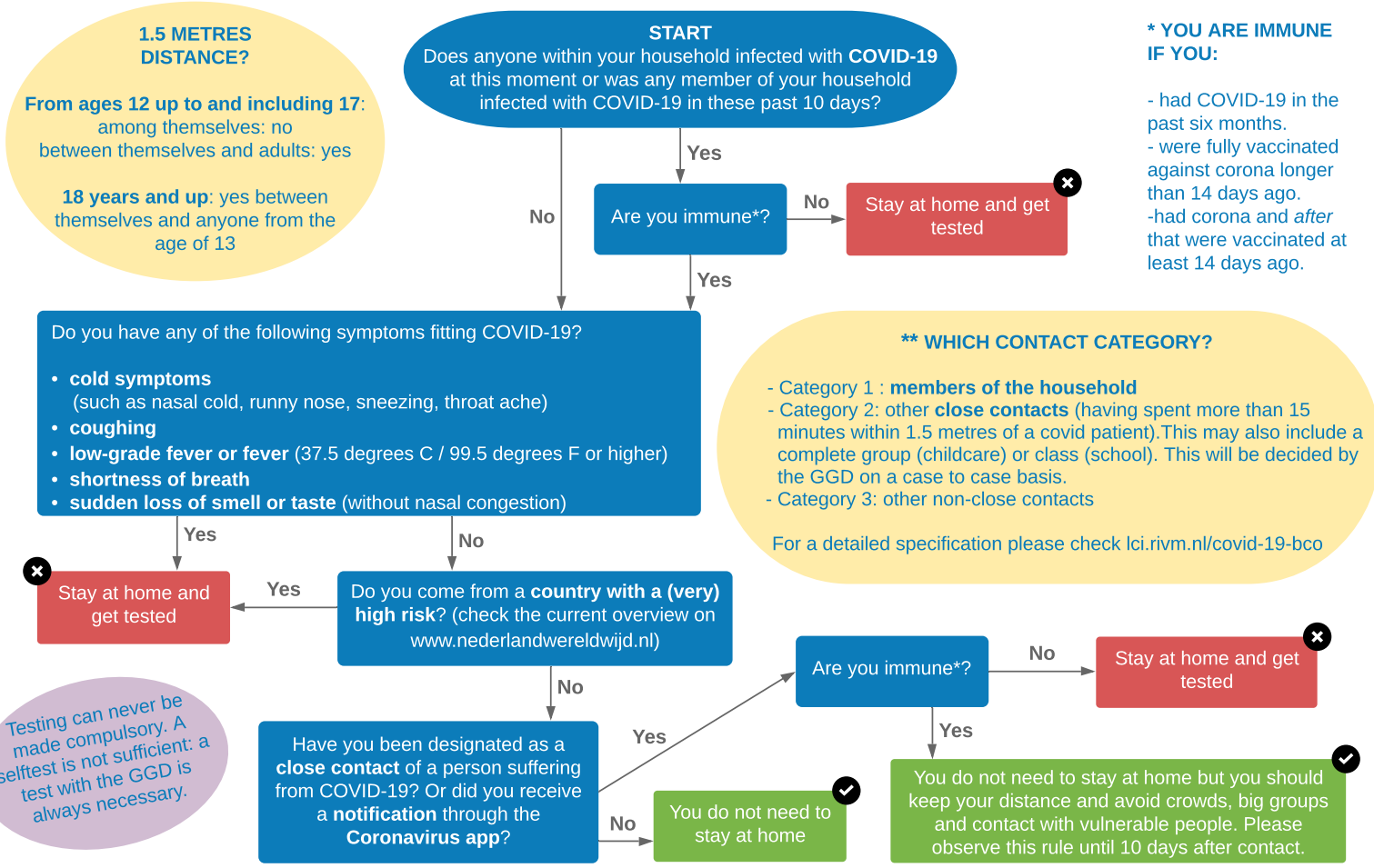


Before you start please note:

1. This decision tree is based on people with normal health, without any underlying medical conditions.
2. **Always start with the first question** and follow the questions in the prescribed sequence.
3. Do not just look at one or two separate questions; this may lead to an incorrect result.
4. The outcome of the decision tree is not valid for other members of the household; the decision tree needs to be followed separately for each individual.
5. This decision tree is regularly updated on the basis of new or renewed regulations. Please check the most recent version on <https://ajnjeugdartsen.nl>.
6. A Dutch version is also available.
7. There is also a decision tree for children aged 0 up to and including children in group 8 of primary school. Please check the most recent version on boink.info/beslisboom.
8. For more information please also check: rijksoverheid.nl/onderwerpen/coronavirus-covid-19/algemene-coronaregels/thuisquarantaine

This decision tree has been developed on the basis of the directives of the RIVM (National Institute for Public Health and the Environment).



IF YOU ARE NOT IMMUNE*

Testing?
 - If you have any symptoms fitting COVID-19.
 - On day 5 after your last contact with someone with COVID-19, in order to shorten the quarantine period.
 - If testing is advised by the GGD (Municipal Health Services) (for example in case of an outbreak investigation).
 - On day 5 after you have arrived from abroad from a (very) high risk area (please check www.nederlandwereldwijd.nl).
 - If you are seriously ill.

Stay at home?
 - If you have tested positively, The GGD will decide how long you will have to stay in isolation.
 - If you have any symptoms fitting COVID-19 (see big blue box above)
 - If the GGD tell you to go into quarantine.
 - Stay home until you have received your test result. If you were tested because you are a category 3-contact** and you have no symptoms, then you do not have to stay at home as long as you do not have a test result yet.

IF YOU ARE IMMUNE*

Testing?
 - If you have any symptoms fitting COVID-19.
 - On day 5 after your last contact with a COVID 19-infected member of your household.
 - If testing is advised by the GGD (Municipal Health Services) (for example in case of an outbreak investigation).
 - On day 5 after you have arrived from abroad from a (very) high risk area (please check www.nederlandwereldwijd.nl).
 - If you are seriously ill.

Stay at home?
 - If you have tested positively, The GGD will decide how long you will have to stay in isolation.
 - If you have any symptoms fitting COVID-19 (see big blue box above).
 - If the GGD tell you to go into quarantine.
 - You do not have to go into quarantine if the member of your household, close contact or other contact has COVID-19, unless you yourself develop symptoms in the 10 days after your last contact with this positively tested person.

This decision tree has been developed on the basis of directives of the RIVM (National Institute for Public Health and the Environment). It is a guideline for anyone from the age of 13. Do you have any questions or confusion after following the decision tree? Please contact your regional Public Health Service (GGD). You can also call the national information number coronavirus of the Dutch government: 0800-1351 (free of charge, 08:00 – 20:00 hours). For more information please check www.rivm.nl/coronavirus-covid-19